

Eczema

1. Notification

The parent/carer of the pupil should be advised in the school handbook and enrolment form that they should notify the school that the pupil has eczema.

2. School Health Care Plan

Pupils who have mild eczema will **not** require a written School Health Care Plan. However most pupils with eczema should have an emollient (moisturiser) applied with/without help. In this case parents/carers should complete **Form 3: Request for school to issue long-term prescribed medication in school**. If a pupil has severe eczema **Form 9: School Healthcare Plan – Eczema** (Appendix 15) should be completed.

3. Awareness Raising and Professional Development - Requirements for All Schools The head teacher should ensure that all teaching and support staff are aware of the procedures pertaining to a pupil's condition and the particulars of any needs that may arise in school. Staff who work directly with a pupil who has eczema should attend the course *ASL: Asthma and Allergy Management* which includes information on eczema. For further details on CDP, see Section 4.1 of the main body of The Handbook.

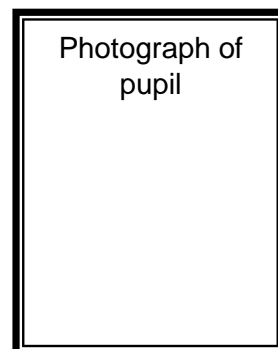
4. The School Curriculum

Consideration of a pupil's eczema should be made with regard to classes to be attended, e.g. Physical activity if sweat is a trigger

5. Summary of General School Arrangements - The following summarises general school arrangements:

- All school staff, supply teachers, visiting teachers and support staff will be made aware of pupils who have allergies and of these procedures.
- The class register should be clearly marked to indicate pupils with eczema so that when a supply teacher takes a class she/he is aware of any pupils with eczema in that class.
- A list of staff who have attended *ASL: Asthma and Allergy Management* within the last two years, should be displayed clearly in the school office.
- It is the responsibility of the parent/carer to ensure that all medication is 'in date' and is replaced as necessary. As a matter of good practice, however, the school should check the expiry date of all medication and send home Form 6b/Notice to parent/carer that supply of medication is becoming 'out of date' and needs replacing (Appendix 8) at least two weeks before the expiry date.

Pupil's name
Date of birth
CHI
Address
School









Signature of parent/carer	Date
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Once completed, the parent/carer is responsible for taking a copy of this School Healthcare Plan to all relevant hospital/GP appointments for updating.

Pupil's name	Date of birth
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Parent/Carer Contact 1 Parent/Carer Contact 2

Name	Name
Relationship to pupil	Relationship to pupil
Address	Address
 Home	 Home
 Work	 Work
 Mobile	 Mobile

Hospital/Clinic Contact General Practitioner

Name	Name
Address	Address
	

Signature of parent/carers	Date
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Pupil's name	Date of birth
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Details of Medical Condition

Eczema is a chronic dry skin condition that is accompanied by a ferocious itch. It is caused by a combination of genetic, immunological and environmental factors. When someone has eczema, their skin does not provide the same level of protection as normal skin since the skin barrier is defective. Moisture is lost causing the skin to become very dry and external irritants can penetrate the body more easily and cause inflammation. Eczema is not contagious and it is vital that everyone who comes into contact with the child – teaching staff, support staff, fellow pupils – understands that.

Details of Care

- Ensure that the child does not come into contact with anyone with herpes simplex.
- If there is a case of chickenpox anywhere in the school, inform the parents/carers as soon as possible.

Tick any that apply

	<ul style="list-style-type: none"> • apply emollient at lunch time every day.
	<ul style="list-style-type: none"> • Temperature - being too hot or too cold or suddenly moving from one temperature to another. Ensure that the pupil doesn't sit near a draughty door, near a radiator or near a window that the sun pours through.
	<ul style="list-style-type: none"> • Soap and water - ensure that the pupil always has access to the soap substitute supplied by their parents for use during school hours
	<ul style="list-style-type: none"> • Wet and messy play - Hands should be moisturised before messy or wet activities, then washed with a soap substitute and moisturised with emollients afterwards. Give parents advance notice of such activities so they can bring in any items that the child might need.
	<ul style="list-style-type: none"> • Pollen - If the pollen count is high and the child's eczema is bad or triggered by pollen, indoor play at break time should be made an option. If the child does go outside, remind them to play in areas of the playground with a manmade surface (i.e. not on the grass).
	<ul style="list-style-type: none"> • Dust - it is impossible to eradicate every speck of dust from a classroom on a daily basis. Damp dusting (using a slightly wet cloth) is a particularly effective way of removing dust from a room and this should be recommended to the cleaning team.
	<ul style="list-style-type: none"> • Chairs - inflamed skin can 'stick' to chairs, especially in warmer weather, and plastic can rub and catch. Ask the child's parents if they can supply a thin cotton cushion that can be placed on the chair to overcome these issues.
	<ul style="list-style-type: none"> • Carpets - Carpets are a prime location for house-dust mites and their droppings and can chafe exposed skin. A pupil with eczema should be provided with a lino or plastic mat so that their skin does not come into direct contact with the carpet. Also, a child with very dry, sore eczema will have less flexibility in their flexures (the insides of their elbows and behind their knees) so sitting cross legged on the carpet with their arms folded will be at best painful and at worst impossible.
	<ul style="list-style-type: none"> • Swimming lessons can be a particular challenge as they combine the drying effects of water (it strips oils from the skin) with exposure to chemicals, the most common being chlorine. All pupils with eczema will need extra time after the lesson to rinse themselves carefully with clean water – using washing emollient – gently pat themselves dry and then apply leave-on emollient before getting dressed.

Signature of parent/carers	Date
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Pupil's name	Date of birth
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Details of Care – continued

How does the child convey that they are itchy? By pinching their skin, squeezing a ball or using everyday items such as a ruler or pen to scratch themselves with?

What usually precedes a bout of itching (e.g. does the child become quiet and withdrawn or louder and more disruptive)? Do they suddenly go very still or do they continually fidget? Do they go red in the face, etc?

How sore are the child's hands? Can they hold a pencil comfortably? Can they take part in 'fine work' such as sewing?

Details of Medication

Medication	Dose	Comment
Moisturiser (complete name)		

Signature of parent/carer	Date
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This Plan was completed on _____ and its contents agreed by the undersigned.

Pupil's name	Date of birth
School	

Parent/carer

I realise that the school is not obliged to undertake healthcare and that any healthcare provided by school will be carried out on a voluntary basis under the guidance of NHS staff. I give my consent to the information contained in this healthcare plan being shared with all staff working with my child. I give my consent for the school to contact the named health care professional(s) and for those professionals to advise the school in any relevant matters in connection with this. I accept full responsibility for keeping the school informed of anything that may be relevant in relation to the implementation of this care. I accept responsibility for ensuring that there are supplies of any relevant medication, materials or equipment for my child's needs.

I wish my child to have the care/medication detailed in this plan and I accept that the emergency services will be summoned, where appropriate, in the event that the school staff are unable to administer the plan at any time.

Name of parent/carer	
Signature	Date

Pupil (if appropriate)

I agree to the care arrangements as detailed in this plan.

Name of pupil	
Signature	Date

The head teacher/designated member of senior management

I agree to the procedures detailed in this plan being administered in school. The medication will be administered by staff who have attended the course *ASL: Asthma and Allergy Management* within the last two years.

In the event that these procedures cannot be implemented at any time the school will follow advice received from the health professionals in summoning the emergency services as appropriate.

Name of member of staff	
Signature	Date

Copies held by parent/carer and head teacher.

This Plan was reviewed on _____ and its contents agreed by the undersigned.

Date of next planned review

Pupil's name	Date of birth
School	

Parent/carer

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Signature	Date

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Signature	Date

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Name of member of staff	
Signature	Date

Copies held by parent/carer and head teacher.