

1 in 5 Child Poverty Conference: Tackling Stigma and Inequality

Friday 27th April



1 in 5 Poverty Pilgrimage School

Implementations made at Pilgrimage School

- ▶ Staff training and awareness of 1 in 5 Poverty
- ▶ Partnership Work with CHAI
- ▶ Soft Start Breakfast Club
- ▶ Child Smile Tooth brushing
- ▶ Nurture Groups and Nurture Base
- ▶ Relax Kids
- ▶ Second Hand Uniform Sale
- ▶ Paid Friday Options (working towards making this free for identified families). Subsidised or free school trips.

Partnership Work with CHAI



- ▶ Weekly Advert in Newsletter advertising CHAI.
- ▶ Phone calls to families we feel may benefit.
- ▶ Clinics held by Beth Hardingham from CHAI at Pilgrimage School on the last Friday of each month.
- ▶ CHAI have been in attendance at Parents' Evenings, PTA meetings and at The Careers Fair and this has enabled them to make more contact with families.

Impact: very well received by School and families. Many families, including some of our most vulnerable families, have been helped to maximise their benefit entitlement both for now and for life beyond Pilgrimage School. We feel that having partnership with CHAI has not only improved parental engagement but also reduced the stigma and shame that people often feel when trying to access benefits or support.

Partnership Work with CHAI



- ▶ **Impact:** CHAI has helped families from this school transition from DLA to PIP and encourage parents to apply for Carers Allowance where possible. They have been able to help many families reduce concerns and worries over Child Benefits and Tax Credit's by discussing their situation in full and advising what their rights are.
- ▶ CHAI has seen 9 families over 7 months.
- ▶ From this CHAI have been able to boost the total income of these 9 families by £82,990.00.
- ▶ Over the 9 families, their average income has been increased by £9,221.00 per family.
- ▶ For one family, they were able to boost their total income by £44,874.00 over the course of 5 years through an Enhanced PIP claim for both Daily Living and Mobility. The client was extremely grateful CHAI were able to complete the application and deal with correspondence on her behalf - reducing stress for the family.
- ▶ **A MASSIVE THANK YOU TO BETH AND CHAI FROM PILGRIMAGE SCHOOL AND OUR FAMILIES! FANTASTIC WORK!**

Partnership Work with CHAI



▶ Feedback from Parents:

- ▶ *"CHAI advised me about the supporting information I needed to collect in advance and helped me complete and submit my daughter's PIP form. It was really reassuring having their advice on what to include in each section of the form. They asked me a lot of questions about her and I put in things that I might not otherwise have thought to include about the help she needs every day. It took a lot of the stress from me and resulted in a positive outcome for my daughter."*
- ▶ *"The lady was lovely, she explained everything really clearly to me. I felt so much better and less stressed."*
- ▶ *Beth Hardingham at CHAI was very helpful when I was filling out a PIP form for Caitlin. She gave me some good pointers and looked at a draft of the form. Never having done this before it was great to have some guidance.*

Partnership Work with CHAI



1 in 5 Child Poverty Conference: Tackling Stigma and Inequality

Friday 27th April

Soft Start Breakfast Club

- ▶ Setting up and Running of a Breakfast Club for any child on FSM list and other identified vulnerable children we feel would benefit. £1,000 Grant received from the City of Edinburgh Council to fund this.

Impact: Very well received by pupils and staff.

Children not hungry and feeling happier. Able and ready to learn for period 1 and beyond. Feel included, valued and supported. Helps us identify pupils needing further nurture work. Also helps with GIRFEC process, Closing the Gap, Raising Attainment and the National Improvement Framework.

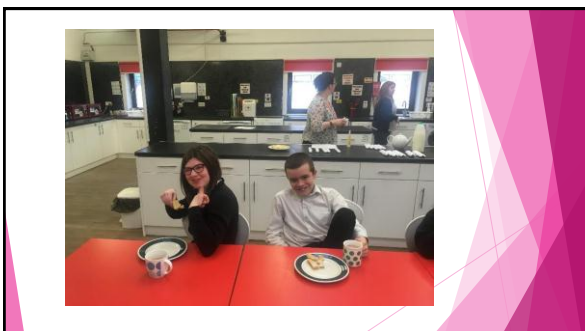
Pupil Comments

"When I'm tired it wakes me up and I don't feel hungry any more. It's nice to chat to people."

"When I'm feeling quite stressed in the morning Breakfast club helps me. I feel happier and more ready to go to class."

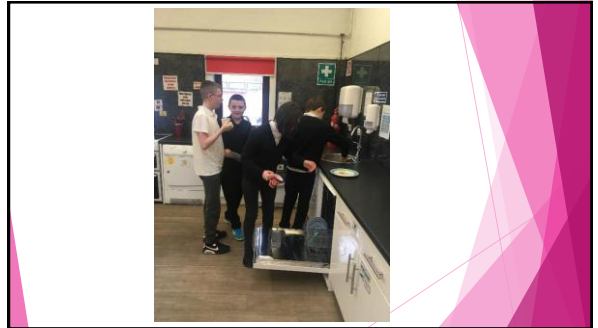
"It gets the day started for me. It makes me feel better."

"I like chatting to my friends and having toast and tea. I need to leave too early to have breakfast."




1 in 5 Child Poverty Conference: Tackling Stigma and Inequality

Friday 27th April

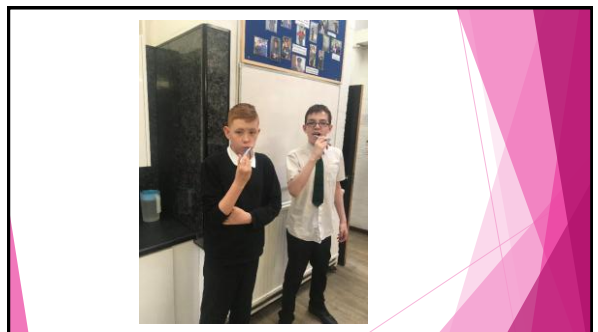


Child Smile



- ▶ Partnership with Child Smile. Assembly from Child Smile. Toothbrushes and named cases and toothpaste given to school for all pupils. Breakfast Club staff support tooth brushing every morning.
- ▶ Child Smile highlighted the fact that Pilrig Park had one of the worst records of aural hygiene in the Lothians. This highlighted the fact that some basic self care routines were not happening regularly enough.

Impact: We have been able to incorporate tooth brushing as part of our breakfast club routine, even the pupils with sensory difficulties are taking part on a daily basis.



Nurture Base

- ▶ Established a Nurture base which is now up and running with Nurture Groups. (Again FSM is used as well as staff observations and discussions which feed in to the GIRFEC process and pupil self referral.)
- ▶ Nurture Training (CEC) and Relax Kids Training (PEF Funded)
- ▶ Donated Sofas, throws and cushions.
- ▶ New table
- ▶ Toaster, kettle and vouchers from Morrisons.
- ▶ Plans to get a fitted kitchen area. Will try to apply for this through our new charitable status.

Impact: Very well received by our Young People and School. Happy, included, valued learners. Friendships established. Able to talk and play in a supported environment by trained teachers.

1 in 5 Child Poverty Conference: Tackling Stigma and Inequality

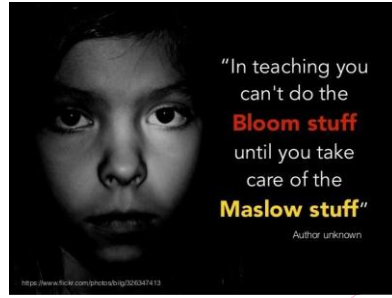
Friday 27th April

Pupil Comments

"I can bring out my feelings and talk about them. The teachers help us and we help each other. I feel so much better and realise it's not so bad. We have a laugh."

"It helps me realise that other people have complicated family situations and arguments too."

"It helps me, listening to others. That helps me think about what I want to talk about."



1 in 5 Child Poverty Conference: Tackling Stigma and Inequality

Friday 27th April

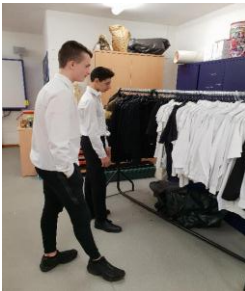


Second Hand Uniform

- ▶ We now have a large bank of washed, cleaned and ironed uniform for any child who comes to school without their uniform.
- ▶ The uniforms are donated, lost property, some new and too small handed in from Parents.
- ▶ These are made available at Parents' Evenings, School Fair and daily to our pupils.

Impact: This makes all our young people feel the same and gives them a sense of belonging to our school.

The pupils have been involved with laundering and displaying the uniform, as well as advertising the uniform bank, as part of their life skills programme.



Plans in the Pipeline

- ▶ To extend Breakfast Club for a longer period and include a bigger variety of foods.
- ▶ To fit a Kitchen in our Nurture Base.
- ▶ To double up the room as a Relax Kids Base.
- ▶ Mirror timetable for 2 Nurture and Relax Kids trained teachers so we can reach more learners.

"Every child deserves a champion: an adult who will never give up on them, who understands the power of connection and insists they become the best they can possibly be."

- Rita Pierson, Educator

TED Talks
EDUCATION
PBS.org/TEDTalks

May 7 at 10/9c on PBS



GETTING IT RIGHT FOR EVERY CHILD



GETTING IT RIGHT FOR EVERY CHILD



MAKING A DIFFERENCE

One day a man was walking along the beach, when he noticed a boy hurriedly picking up and gently throwing things into the ocean.

Approaching the boy, he asked, "Young man, what are you doing?"

The boy replied, "Throwing starfish back into the ocean. The surf is up and the tide is going out. If I don't throw them back, they'll die."

The man laughed to himself and said, "Don't you realize there are miles and miles of beach and hundreds of starfish? You can't make any difference!"

After listening politely, the boy bent down, picked up another starfish, and threw it into the surf. Then, smiling at the man, he said,

"I made a difference to that one."

