

## The Edinburgh Wellbeing Outcomes

The Edinburgh Wellbeing Outcomes have been developed to help people express and record specific concerns and goals relating to the life of an individual young person or child. They are designed to help professionals, families and carers share the same outcome-focused language under the SHANARRI Wellbeing Indicators. This means that everyone involved with a situation can more easily share a single plan which measures the progress towards common goals. The Edinburgh Wellbeing Outcomes have been designed to fit with existing processes for supporting children, e.g. 1:1 work and assessment, child's planning meetings, LAAC Reviews etc.

## Using the Edinburgh Wellbeing Outcomes

When you come to record a plan in the course of your work with a child or young person, here's what to do:

- Decide on the issues that are causing concern or require planning to make progress
- Decide how you would like things to be when things are progressing positively and record this as the personalised outcome on the Child's Plan. Referring to the examples of personalised outcomes on the personalised outcomes sheet can be a help getting started. Remember that outcomes are expressed in terms of what we would like to see in terms of impact on wellbeing for the child or young person, and are therefore written from the child or young person's perspective, e.g. Healthy: I eat well: John has breakfast every morning.
- Using scaling, record the current degree of wellbeing so that you can check progress at a later date
- Remember to note which Edinburgh Wellbeing outcome the personalised outcome fits underneath. This is important so that everybody helping the child or young person can see how their different and specific actions are still directed towards the same areas, so we can all share one plan.
- Remember that many of the **actions** that are planned to support these outcomes will continue to refer to things that adults will do, e.g. in the example above, one of the actions recorded in the plan linked to this outcome might be, "John's dad will ensure there is cereal in the house every day".