



It takes 'ALL OF US' to raise healthy, happy children.

Looking after a child is not always easy and we all need help from time to time. Some parents or carers may face additional challenges because of their circumstances or things beyond their control. This might include bereavement, disability, poor mental health or living far away from their family.

Speak up if you know a family that needs extra help.

Get advice NSPCC Helpline 0808 800 5000

Sometimes, you may be concerned that a child is being neglected. If you're worried about a child, it's important that you speak out so that the right people can help.

Providing support early can help prevent longer-term consequences for a child's health and development.



Get advice

Neglect is the ongoing failure to meet a child's needs.

These needs include things like:

- warm, clean clothing
- having enough to eat or drink
- a warm, dry home
- protection from danger
- love and care from parents
- access to healthcare
- support with education



Know the signs

Neglect can be difficult to identify. Any of the following signs might be a cause for concern, but on their own they don't necessarily mean that a child is being neglected. But if you notice multiple signs that go on for a while then it's important to take action:

- regularly playing outside late at night
- poor appearance or hygiene
- always hungry
- frequently unwell
- regularly not at school
- missed medical appointments
- left home alone a lot
- inappropriate clothing, such as lack of winter coat or shoes
- repeated accidental injuries due to lack of supervision



I am a child

If you're worried about yourself or a friend then speak to an adult you trust. If you don't feel comfortable doing this, you can speak to **Childline on 0800 1111.**

It's completely free to call and won't show on your phone bill.



What to do if you have concerns about a child

Don't wait until you're sure before sharing your worries. You can call **NSPCC Helpline on 0808 800 5000.** It's completely anonymous and your call is answered by a counsellor who will listen to your concerns, offer advice and support and can take action on your behalf if a child is in danger.

You can also call Social Care Direct on 0131 200 2324.

If you suspect a child is in immediate danger call 999.



About us

All of us is a partnership working in Edinburgh to raise awareness of neglect and help ensure that we all know where to turn for help with parenting or if we have concerns about a child. It involves the Edinburgh Child Protection Committee and NSPCC Scotland.



Call 0131 242 8181 and quote reference 19-5307

