

Read or listen to the book with your child.

https://www.youtube.com/watch?v=M3pk9Gc77yQ&ab_channel=ReadingOutAloud

Remember to look at your child to share the experience.

Count your child's fingers and toes

Practise handwashing, toothbrushing together.

Sing some counting songs – 1,2,3,4,5
Once I caught a fish alive.

This little piggy went to market.

Peter Piper.

One finger, one thumb.

Use a mirror to look at your and your child's face. Talk about what you can see – two eyes, one nose. What colour hair? What colour of eyes?



Make some ice and let your child explore this. What happens when it melts? Talk about how it changes and the differences between hot & cold.

Make a tent in your house or garden, using blankets sheets or other materials you may have.

Talk about where you live (have a walk around the area if you can). Talk about who else lives there, where they came from, what they look like.

Help your child to dress up in different clothes, hats, scarves. Talk about what they are wearing and whether these are for hot or cold places. Encourage your child to fasten and put on as many things as possible independently.

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Count out loud when walking/ using stairs/ setting the table.

Build a tower together using bricks/ cups/ different objects. Talk about "how many" How many can you stack before it falls down?

Say the sounds at the start of some words – e.g. T,t,t, for ten. F,f,f for finger. Encourage your child to say them too.

Draw round your child's hand/ feet and make a picture of this. Can you make hand or foot prints with paint/ water/ mud?



Mem Fox Helen Oxenbury
Ten Little Fingers and Ten Little Toes

Hop/ jump/ skip/ tiptoe/ stomp with your child. Can they jump with feet together? Can they cross a space in different ways?

Make puppets using card/ paper/ lolly sticks/ gloves etc. Put on a show for family using what you have made.

Make a map or picture of your house/ garden/ local area. Talk about what is there – who and what lives there/ what animals live nearby?

Choose another book with your child. Talk about the cover – what do you think the book might be about? Read the book together.....