
















Allergen Matrix























2025/26 primary week 3

EDINBURGH

























Day 1

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO ₂	 Soya
Jacket Potato with Cheese							✓							
primary milk portion							✓							
QUORN SPAGHETTI BOLOGNAISE			✓		✓ <i>Barley, Wheat</i>				?					?
Reduced sugar yoghurt							✓							
Tomato Soup EDI	✓													
WHOLEMEAL PIZZA, CHIPS EDI					✓ <i>Wheat</i>		✓							

Day 3

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
BAKED POTATO & COLESLAW														
Beef meatballs & pasta in a tomato Edi					 <i>Wheat</i>									
Coleslaw														
Lentil Soup EDI														
primary milk portion														
Reduced sugar yoghurt														
Vegetarian Haggis & Mash EDI					 <i>Oats</i> <i>(Wheat*)</i>									

Day 5

	 Celery	 Crustaceans	 Eggs	 Fish	 Gluten	 Lupin	 Milk	 Molluscs	 Mustard	 Nuts	 Peanuts	 Sesame	 SO2	 Soya
Cheese Roll (RENF)					 <i>Wheat</i>									
Egg Mayo Sandwich on a brown roll					 <i>Wheat</i>									
Reduced sugar yoghurt														
Sliced Chicken Roll (RENF)					 <i>Wheat</i>									
Soreen					 <i>Barley, Wheat</i>									
Tuna Wholemeal Roll					 <i>Wheat</i>									

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 May contain  Does contain

*Allergens in brackets are a May Contain.